

Energy

2009

October

National School Lunch Week Oct 12th-16th

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	More Info... <u>Daily Entrée Choices:</u> Daily Menu Item -OR- Assorted Cereal -OR- Assorted Yogurt -OR- Hot Oatmeal <u>Daily Side Choices:</u> Cinnamon Toast 100% Fruit Juice White Milk served daily.
28 Egg and Cheese English Muffin	29 Pancakes with Syrup and a Sausage Patty	30 Taco Omelet w/ White Toast	1 Waffles w/ Syrup	2 Biscuits & Gravy w/Sausage Patty Breakfast Only!	
5 French Toast Sticks	6 Scrambled Eggs	7 Blueberry Muffin	8 Egg Bagel w/Cheese	9 String Cheese with Animal Crackers	
12 Columbus Day Holiday No School Today	13 Peanut Butter & Jelly English Muffin	14 Taco Omelet w/ Wheat Toast	15 Waffles with Syrup and a Sausage Patty	16 Cheesy Eggs	
19 Blueberry Bagel with Cream Cheese	20 Egg Taco	21 Blueberry Muffin	22 No School for students Parent/Teacher Conference 1:00-8:00pm	23 No School for students Parent/Teacher Conference 8:00-1:00	
26 Sausage and Cheese Biscuit	27 Scrambled Eggs w/ Wheat Toast	28 Egg and Cheese English Muffin	29 Waffles w/ Sausage Patty	30 String Cheese with Animal Crackers	

Alton School District Elementary Breakfast Menu



Special News...

Lucky Tray Day
Lunch, Friday October 16!

Menus are subject to change without notice.

